

“The Para-Sport Challenge”

Play sports- Change Attitudes- Make friends

Kate Jones and Miguel Botero

Our IDeA

The Para-Sport Challenge is a short physical education unit that is easily integrated into any elementary school setting. Students would participate in a daylong fieldtrip learning and playing a para-sport, taught by someone who is experienced in the sport, followed by a social time where the students are encouraged to ask questions.

Purpose

- 1) Introduce students to new activities, allowing them to be more aware of the sports that will be going on at the Pan Am games.
- 2) Creating opportunities for students with and without disabilities to socialize, allowing for any stigma about disability to be dispelled and attitudinal barriers to be destroyed.



What is para-sport?

“Parasport is sport for people with a disability. It is "para"llel to sport for able-bodied athletes, with adapted equipment or rules to make the game fun and accessible for everyone.”

-Canadian Paralympics Committee

Potential Activities

- ★ Wheelchair Basketball
- ★ Sledge hockey
- ★ Goalball